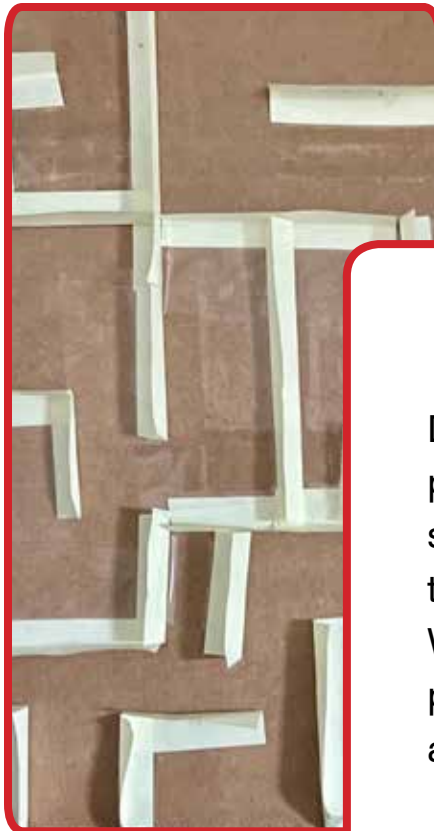


# THE FAMILY SUNDAYS RUBIN AT HOME



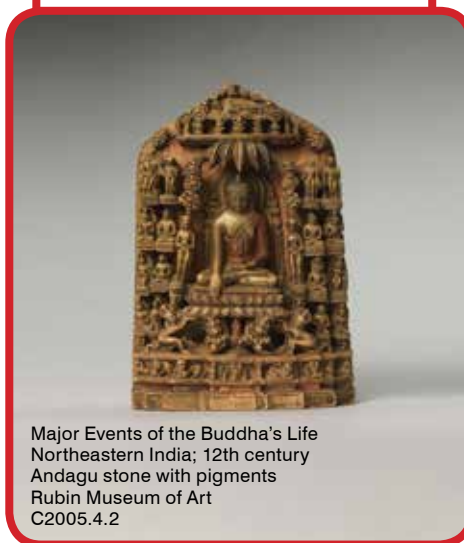
## WAKEFUL WANDERINGS

### ABOUT

During the journey through the mandala, people consider common difficulties and struggles—like ego, greed, and fear—and take some time to self-reflect and be mindful. Wandering through the mandala offers a pause from the confusion of everyday life and a chance to think!

### MATERIALS

1. Sticky notes or pieces of paper
2. Cardboard or paper for a base
3. Pencil
4. Glue or tape
5. Scissors



Major Events of the Buddha's Life  
Northeastern India; 12th century  
Andagu stone with pigments  
Rubin Museum of Art  
C2005.4.2

## INSTRUCTIONS

- Step 1** Think about how you want your maze to look and pick two places on your base to be the start and finish.
- Step 2** Sketch out your maze on the cardboard with the pencil. This step is optional.
- Step 3** Cut strips of paper to match the length of the lines you drew on the base. These strips of paper will be the maze walls, so the bigger the strips the taller the walls!
- Step 4** Fold each strip of paper in half lengthwise (hot dog style), and match the crease to the pencil lines on your base.
- Step 5** Secure the paper wall to the base with glue or tape. Continue until all your walls are created.
- Step 6** Now you have your own maze! Grab a marble or make a ball out of paper and see if your friends and family can make it out of your maze!

