

A DESCRIPTION OF EACH COMPONENT OF ONE LEARNING GOAL



♥ 000: The serial number is a unique number consistent across all age bands. (The letter at the end is the grade band)

(Title): Learning goal name that remains the same across all age bands

(Subheading): Description linked with the developmental focus of each age band

Quote
Inspirational passage that reflects the essential understanding or conceptual insight.

– Quote source

Teacher Experience
A contemplative invitation for educators to reflect on before teaching.

Contemplative prompt that supports educator reflection on the learning goal's personal dimension.

Student Experience
A contemplative invitation for students to connect with this learning goal.

Entry point activity or thought–provoking question designed to activate curiosity and connect to prior experiences—can be used as a formative assessment of what students are ready for.

Understanding
Students will understand...

Essential principle or conceptual insight that students develop through this learning goal.

Action
Students are able to...

Observable skills and behaviors that provide evidence of student learning and mastery, also called learning outcomes or curricular competencies.

Content Knowledge
Students will know...

Knowledge refers to the content students should remember about the topic.

Guiding Questions

Inquiry prompts that drive student thinking and classroom discussion.

Implementation Possibilities

Suggested teaching activities and strategies that support flexible lesson planning.

Assessment Ideas

Formative and summative evaluation approaches for checking student learning. (*Only available for the 21 Learning Goals differentiated to date)

DOMAIN

Organizational system that groups learning goals into five developmental areas representing core capacities students develop through Buddhist wisdom teachings ([learn more](#)).

GRADE

Band E (Ages 15–18)

SIMILAR LEARNING GOALS

Related goals that complement or extend this learning experience.

TAGS

Buddhist concepts and themes that connect related learning goals.

VOCABULARY

Essential terms that support student understanding of the content.

TEACHER RESOURCES

Materials and references that help educators deepen their content knowledge.

STRAND

Categorization system based on Buddhist threefold training plus culture.

LEARNING PATHWAYS

Curated collections organized around specific themes or approaches.

GUIDING PRINCIPLES

[These nine principles](#) represent Middle Way Education's highest goals for what students will understand.

- Print this Learning Goal
- Offer Feedback on this Learning Goal
- Generate AI Lesson Planning Data