

# A DESCRIPTION OF EACH COMPONENT OF ONE LEARNING GOAL



♥ 000: A unique identifier number consistent across all age bands

**(Title):** Learning goal name that remains the same across all age bands

**(Subheading):** Description linked with the developmental focus of each age band

**Teacher Experience**  
A contemplative invitation for educators to reflect on before teaching.

Contemplative prompt that supports educator reflection on the learning goal's personal dimension.

**Student Experience**  
A contemplative invitation for students to connect with this learning goal.

Entry point activity or thought-provoking question designed to activate curiosity and connect to prior experiences—can be used as a formative assessment of what students are ready for.

**Understanding**  
Students will understand...

Essential principle or conceptual insight that students develop through this learning goal.

**Action**  
Students are able to...

Observable skills and behaviors that provide evidence of student learning and mastery, also called learning outcomes or curricular competencies.

**Content Knowledge**  
Students will know...

Knowledge refers to the content students should remember about the topic.

**Guiding Questions**

Inquiry prompts that drive student thinking and classroom discussion.

**Implementation Possibilities**

Suggested teaching activities and strategies that support flexible lesson planning.

**Assessment Ideas**

Formative and summative evaluation approaches for checking student learning. (\*Only available for the 21 Learning Goals differentiated to date)

**Quote**  
Inspirational passage that reflects the essential understanding or conceptual insight.

– Quote source

## DOMAIN

Organizational system that groups learning goals into five developmental areas representing core capacities students develop through Buddhist wisdom teachings ([learn more](#)).

## GRADE

Band E (Ages 15–18)

## SIMILAR LEARNING GOALS

Related goals that complement or extend this learning experience.

## TAGS

Buddhist concepts and themes that connect related learning goals.

## VOCABULARY

Essential terms that support student understanding of the content.

## TEACHER RESOURCES

Materials and references that help educators deepen their content knowledge.

## STRAND

Categorization system based on Buddhist threefold training plus culture.

## LEARNING PATHWAYS

Curated collections organized around specific themes or approaches.

## GUIDING PRINCIPLES

[These nine principles](#) represent Middle Way Education's highest goals for what students will understand.

- Print this Learning Goal
- Offer Feedback on this Learning Goal
- Generate AI Lesson Planning Data