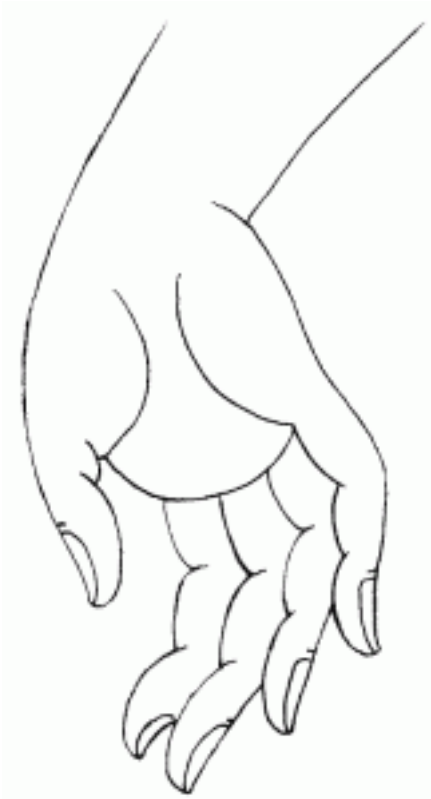


Dana:  
Generosity  
**दान**



Shila:  
discipline  
**शील**



Nekkhamma:  
renunciation, nongrasping  
**नैष्काम्य**



Virya:  
energy, diligence, effort



Kshanti:  
patience, tolerance,  
acceptance

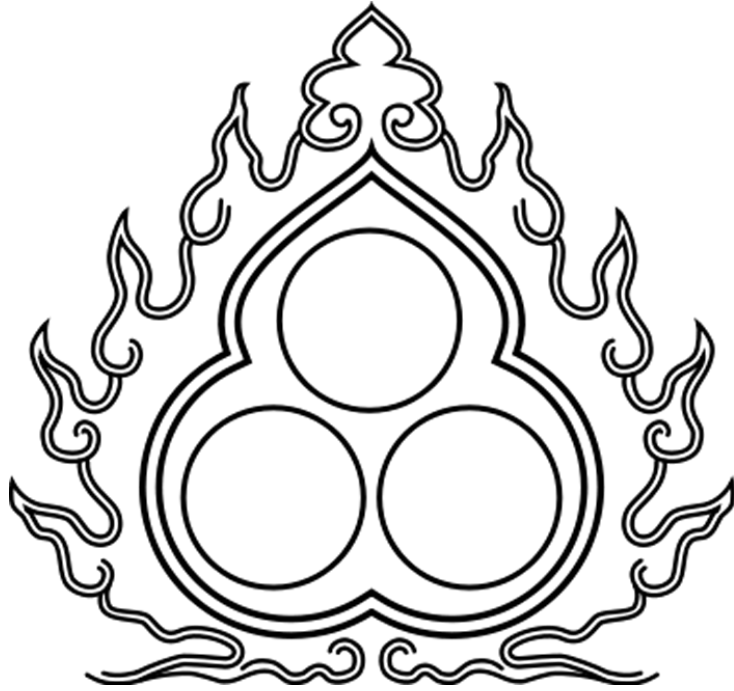


Metta:  
goodwill, friendliness,  
loving-kindness

**मैत्री**



Sacca:  
Honesty



Adhittana:  
tenacity, determination  
**अधिष्ठान**



Upekkha:  
equanimity, serenity  
**उपेक्षा**



Prajna:  
wisdom, insight,  
discernment

